

Decisions for health curriculum were made during the 2007-2008 school year. The K-5 health curriculum team consisted of classroom teachers and PE teachers. Starting the 2008-2009 school year, the following health objectives have been designated to be taught by the classroom teacher in science. Please refer to the Missouri Department of Elementary and Secondary Education Health Education Grade Level Expectations to view the additional GLE's that will be taught by health instructors.

Fourth Grade	<ul style="list-style-type: none"> <li>Identify the major components and functions of the nervous system (brain, spinal cord, nerves)</li> </ul>	FS 1.G
	<ul style="list-style-type: none"> <li>Show the effects of lifestyle choices (high fat diet, physical activity on the cardio-respiratory system and relate how the cardio-respiratory system affects the quality of life)</li> </ul>	FA 1.E
	<ul style="list-style-type: none"> <li>Determine the cause/effect of healthy lifestyle choices as they relate to the three layers of skin (nutrition, hydration, exercise)</li> </ul>	FS 1.D
	<ul style="list-style-type: none"> <li>Identify the different types of bones (long, flat, wide, short and curved) and their functions (mineral storage, calcium, red blood cells, growth plates)</li> </ul>	FS 1.C
	<ul style="list-style-type: none"> <li>Describe the function of the respiratory system (exchange of carbon dioxide and oxygen) between air sacs and capillaries</li> </ul>	FS 1.F
	<ul style="list-style-type: none"> <li>Define and distinguish between short-term and long-term memory</li> </ul>	FS 1.G
	<ul style="list-style-type: none"> <li>Describe the processes of the digestive system (how the teeth, tongue, and saliva begin the digestive process ) and how they are affected by lifestyle choices (diet, activity level, dental care)</li> </ul>	FS 1.H

	<ul style="list-style-type: none"> <li>Label the major components (kidneys, ureters, bladder, urethra) and functions of the urinary/excretory system (removes liquid waste from the body)</li> </ul>	FS 1.I
	<ul style="list-style-type: none"> <li>Identify and describe the basic structure and functions of the endocrine system including growth, (pituitary), reproduction (ovaries, testes ), fight or flight responses (adrenal), energy, metabolism (thyroid)</li> </ul>	FS 1.J
	<ul style="list-style-type: none"> <li>Describe how to keep the immune system healthy and explain the principles of vaccination and immunization</li> </ul>	FS 1.L
	<ul style="list-style-type: none"> <li>Identify actual or potential risk factors and reduction methods within the environment that can affect one's health (wearing sunscreen, having parent change furnace filter)</li> </ul>	RA 4.B

\*Taught by classroom teacher and PE teacher