



## Get started with Teladoc

It's quick and easy to set up your account online. Simply visit the Teladoc® website, click **"Set up account,"** and then follow the instructions below.

TELADOC. CANCEL REGISTRATION X

Confirm Benefits Create Account Get Care

### 24/7 Access to Care

We need just a few pieces of information to confirm your benefits. Please make sure that the personal information you enter is the same as that on the record with your health plan.  
Already have an account. [Please sign in](#)

— FIRST NAME —  
— LAST NAME —  
— DATE OF BIRTH — ZIP CODE —  
— EMAIL —  
— PREFERRED LANGUAGE — GENDER —

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CONTINUE >

### 1. Confirm benefits

Provide some information about yourself to confirm your eligibility.

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Confirm Benefits Create Account Get Care

### We need a little more information

Please select your health or insurance provider below. We use this information to help match you to your benefits, even if your benefits are provided by your employer or association.

— SELECT HEALTH OR INSURANCE PROVIDER —  
— ENTER YOUR HEALTH PLAN ID —

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### 2. Select benefit provider

Pick your health plan from the drop-down menu and enter your health plan ID.

**3. Create account**

Enter your contact information, username, password, and security questions.

**Set up your account today to get started**

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